

GLUTEN FREE MENU

AVAILABLE FROM 12-5PM | MON -SAT

£5 LUNCH

SOUP OF THE DAY (V)

Served with gluten free bread 5.00

RISOTTO (V)

Asparagus, broad bean, blushed tomato and feta risotto 5.00
- Add chicken breast 3.50

CHILLI FRIES

Fries with chilli beef, melted Cheddar and guacamole 5.00

CHILLI BEEF PIE

Chilli beef cottage pie with Gruyère sweet potato mash topping 5.00

CHICKEN & ASPARAGUS SALAD

Pan fried chicken, asparagus, sweet pepper & mushroom 5.00

MARGHERITA PIZZA (V)

Cherry tomato, mozzarella, roasted garlic & basil 5.00

SUNDAY ROASTS

All our roasts can be made gluten free without the Yorkshire pudding and with gluten free gravy!

BEEF 12.00

LAMB 11.50

CHICKEN 11.50

VEGETARIAN 10.00

AVAILABLE ALL WEEK 12-5PM

LUNCH

AUBERGINE SALAD (V)

Chargrilled aubergine with spicy tomato sauce, goat's cheese & toasted hazelnuts 8.95

MUSSELS

Cornish mussels with white wine, garlic and cream sauce served with fries 7.95

FETA SALAD (V)

Mangetout, green beans, quinoa & feta salad with hazelnut & orange dressing 8.95

HAM, EGG & CHIPS

Wiltshire ham, free range eggs and hand cut chips with piccalilli 8.50

FISH PIE

Devon crab, mussels, salmon, king prawn, haddock pie with Cheddar mash topping and fries 10.00

SMOKEHOUSE PIZZA

Smoked pulled pork, roasted red pepper, spinach & shallots 12.50

RIVIERA PIZZA (V)

Asparagus, goat's cheese, caramelized red onions & olives 11.00

MARGHERITA PIZZA (V)

Cherry tomato, mozzarella, roasted garlic & basil 8.50

THE RACKS BURGER

100% organic beef burger in a rustic ciabatta with tomato and shallot relish, smoked Applewood Cheddar, lettuce & fries 11.50

CHICKEN BURGER

Free range chicken breast burger with mozzarella, tomatoes, lettuce, gooseberry and elderflower relish & fries 11.50

AVAILABLE ALL WEEK FROM 12PM

SIDES

Fries 2.50

Hand-cut chips with smoked paprika aioli 3.50

Chicken breast 3.50

Chef's salad 2.50

Sautéed broccoli with chilli and garlic 3.00

Fries with chilli beef and melted Cheddar 5.00

SHARERS

MUSSELS

Mussels with white wine, garlic and cream sauce and your choice of bread, salad or fries 13.50

CHICKEN SKEWERS

Chicken skewers and dips with sweet chilli, satay, garlic mayo and Tztaziki 6 for 12 | 12 for 20

DESSERTS

FUDGE CAKE

Chocolate fudge cake, ice cream and raspberry coulis 5.50

PANNA COTTA

Coconut Panna cotta with mango, toasted pine nuts & lemon curd 5.95

SORBET

3 scoops of peach & passion fruit sorbet 4.85

TURN OVER FOR ALL OF OUR MAINS
& DAILY FOOD OFFERS

MAINS

AVAILABLE FROM 5PM MONDAY - SATURDAY & ALL DAY SUNDAY

MAINS

PIGEON

Pan fried wood pigeon breast with broad bean, quinoa, halloumi, asparagus & rhubarb relish 13.50

CHICKEN SUPREME

Corn fed chicken supreme with warm salad of new potato, green bean, tarragon, cherry tomato & rocket 13.50

BURGERS

Served on gluten free bread

THE RACKS BURGER

100% organic beef burger with tomato and shallot relish, smoked Applewood Cheddar, lettuce & fries 11.50

CHICKEN BURGER

Free range chicken breast burger with mozzarella, tomatoes, lettuce, gooseberry and elderflower relish & fries 11.50

PIZZA

SMOKEHOUSE

Smoked pulled pork, roasted red pepper, spinach & shallots 12.50

RIVIERA (V)

Asparagus, goat's cheese, caramelized red onions & olives 11.00

MARGHERITA (V)

Cherry tomato, mozzarella, roasted garlic & basil 8.50

PIES

Our pies come with mangetout & Chantaney carrots and a choice of either fries or new potatoes

FISH PIE

Devon crab, mussels, salmon, king prawn, haddock pie with Cheddar mash topping 10.00

CHILLI BEEF PIE

Chilli beef cottage pie with Gruyère sweet potato mash topping 10.00

SALADS

AUBERGINE SALAD (V)

Chargrilled aubergine with spicy tomato sauce, goat's cheese & toasted hazelnuts 8.95

PRAWN SALAD

Chilli & garlic prawns with mango, spring onion & coriander salad 8.95

CHICKEN & ASPARAGUS SALAD

Pan fried chicken, asparagus, sweet pepper & mushroom 8.95

FETA SALAD (V)

Mangetout, green beans, quinoa & feta salad with hazelnut & orange dressing 8.95

BURGER MONDAY

2 for 1 burgers every Monday, all day



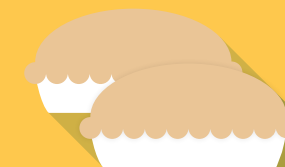
PENNY PIZZA TUESDAY

Buy one pizza and get another for just 1p



PIE ONE GET ONE FREE

All our pies are buy one get one free from 5pm Wednesday



STEAK THURSDAY

Ruby & Whitw organic rib-eye steak and hand-cut chips for only £10

